

AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

1-63. (Cancelled)

64. (Currently amended) A pallet, comprising:

at least one top support member adapted to support cargo, wherein said top support member has a top surface and a bottom surface;

at least one bottom support member having a top surface and a bottom surface; and

a plurality of solid support blocks positioned between the bottom surface of the top support member and the top surface of the bottom support member, wherein the blocks are spaced apart a sufficient distance to receive a lifting member therebetween; and

a plurality of fasteners that are provided to fasten the at least one top support member and the at least bottom support member to the solid support blocks, wherein the plurality of fasteners consist of nails,

~~wherein the support blocks each have a cross-sectional shape selected from the group consisting of an oval, a teardrop, an egg shape, an elongated hexagon, a diamond shape and a kite shape, defining a longitudinal axis of the support block; and~~

wherein the solid support blocks ~~are solid and~~ are formed from a composite material comprising at least one cellular material having particle~~particle sizes between about 0.05mm and about 4mm~~ and at least one thermoplastic material, ~~the concentration of the cellular material in the composite comprising between about 40 percent and about 60 percent such that nails may be driven directly into the composite material.~~